

Shirley Doane Senior Center

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Shirley Doane Senior Center

September 2017



SUN	MON	TUE	WED	THU	FRI	SAT
		<p><i>Need Reservations *</i> <i>* Adult Day Services</i></p>			<p>1 10am-2:30pm ADS* 1pm Bingo</p>	<p>2</p>
3	<p>4 LABOR DAY HOLIDAY CENTER CLOSED</p>	<p>5 8:30-9:15am Chair Yoga 8:30am-2pm Crafts 10am-11:30am CVLR "Poetry" 10am Cribbage / 1pm Bridge PACKER BACKER RAFFLE TICKETS ON SALE</p>	<p>6 8:30am Foot & Nail Clinic* 10am-2:30pm ADS* / 10:30am Sign-a-long 11:45am Community Friendship DINNER 12:30pm Private Euchre 1pm Bingo / 1pm Duplicate Bridge</p>	<p>7 8:30-9:15am Chair Yoga 10am-2:30pm ADS* 12:45pm 500 Cards 1 pm Private Bridge</p>	<p>8 10am-2:30pm ADS* 10-11:30am Alz. Ed Program 10am-12:00 CVLR "Foreign Affairs"* 1pm Bingo</p>	9
10	<p>11 8:30am Foot & Nail Clinic* 9am-11am TaiChi 10 am Book Club 1p.m Mah Jongg</p>	<p>12 <i>(Strong Bones Resumes Today)</i> 8:30-9:15am Chair Yoga / 8:30am-2pm Crafts 9am Senior Center BOARD MEETING 10am Cribbage / 10am-11:30am CVLR "Poetry" 11-12pm Strong Bones /12-1pm Strong Bones Adv. 1pm Bridge / 1:30-2:30pm Strong Bones</p>	<p>13 8:30am Foot & Nail Clinic* 10-11:30am Jane's Group 10am-2:30pm ADS* / 10:30am Sign-a-long 11:45am Community Friendship DINNER 1pm Duplicate Bridge / Bingo</p>	<p>14 8:30-9:15am Chair Yoga 10am-2:30pm ADS* / 11-12pm Strong Bones 12-1pm Strong Bones Adv. 12:45pm 500 Cards 1:30-2:30pm Strong Bones</p>	<p>15 10am-2:30pm ADS* 10am-12:00 CVLR "Foreign Affairs"* 1pm Bingo 1pm Private Bridge</p>	16
17	<p>18 9am-11am TaiChi 1pm Mah Jongg</p>	<p>19 8:30am Chair Yoga / 8:30am-2pm Crafts 9-10:30am ALC Free Blood Pressure Sugar Checks 10am Cribbage /10am-11:30am CVLR "Poetry" 11-12:30pm ALC FREE Lunch & Learn-RSVP* 11-12pm Strong Bones /12-1pm Strong Bones Adv. 1pm Bridge/ 1:30-2:30pm Strong Bones</p>	<p>20 8:30am Foot & Nail Clinic* 10 am Alzheimer's Caregivers Support Group 10-12 Senior Commodity Sign-up 10am-2:30pm ADS* / 10:30am Sing-a-long 11:45am Community Friendship DINNER 12:30pm Betty's Homemakers 1pm Bingo / 1pm Duplicate Bridge</p>	<p>21 8:30-9:15am Chair Yoga 10am-2:30pm ADS* / 11-12pm Strong Bones 12-1pm Strong Bones Adv. 12:45pm 500 Cards 1:30-2:30pm Strong Bones 1 pm Private Bridge</p>	<p>22 10am-2:30pm ADS* 10am-12:00 CVLR "Foreign Affairs"* 1pm Bingo</p>	23
24	<p>25 8:30am Foot & Nail Clinic* 9am-11am TaiChi 1pm Mah Jongg 1:30-3:00 CVLR "Cooking with Monica"*</p>	<p>26 8:30-9:15am Chair Yoga 8:30am-2pm Crafts / 10am Cribbage 10am-11am State of WI presents: "Identity Theft" 10am-11:30am CVLR "Poetry" 11-12pm Strong Bones /12-1pm Strong Bones Adv. 1pm Bridge / 1:30-2:30pm Strong Bones 1pm Am. Leg. Aux.</p>	<p>27 8:30am Foot & Nail Clinic* 10am-2:30pm ADS* / 10:30am Sing-a-long 11:45am Community Friendship DINNER 12:30pm Private 500 1pm Bingo / 1pm Duplicate Bridge</p>	<p>28 8:30-9:15am Chair Yoga 10am-2:30pm ADS* / 11-12pm Strong Bones 12-1pm Strong Bones Adv. 12:45pm 500 Cards 1:30-2:30pm Strong Bones</p>	<p>29 10am-2:30pm ADS* 10am-12:00 CVLR "Foreign Affairs"* 1pm Bingo 1 pm Private Bridge</p>	30