

February 2024

MENOMONIE AREA

SENIOR CENTER NEWSLETTER



1412 Sixth Street E • Menomonie, WI 54751 •
Phone 715.235.0954 • www.menomonieseniorcenter.org
Like Us On Facebook @Shirley Doane Senior Center

NOTE FROM THE DIRECTOR

Happy Valentine's Day!

This “Love”ly holiday is of course synonymous with that 4 letter “L” word. But like many other words in the English language, Love has many different meanings depending on the context. Often used too freely, we might say we love spaghetti, bike rides or our favorite television show. In relation to those in our lives, we have pets, friends, family or partners that we claim to love. No matter how we prioritize these loves, living or inanimate, love is what we feel. It is an essential component to our happiness and hopefully we don't forget to not take it for granted. Like stopping to smell the roses, it is refreshing to appreciate the love in our lives. To quote a few well known references about love—Love does make the world go round and for sure “...the greatest of these is love!” So may you all have a Happy Valentine's Day/Month and if you are so inclined, give a Valentine to someone you care about. You may get a Valentine in return but it is not necessary to feel the love. Enjoy! Have a Lovely February!

Donna

**YOUR SENIOR CENTER IS LOOKING FOR SPONSORS FOR OUR MONTHLY MEALS!
IF INTERESTED PLEASE CONTACT US AT SENIORS@WWT.NET OR 715-235-0954**

February exercise in addition to our regular activities...

Chair Yoga Tuesday & Thursday, 8:30 to 9:15a.m. \$3.00 ea. Class -

Stronger Seniors Exercise Classes Tuesday, & Thursday **FREE**

Stronger Seniors Intermediate 9:45—10:45am

Stronger Seniors Basic Tuesday & Thursday, 11:00—11:45am

Please Note: No Stronger Seniors Classes in March—Classes Resume April

Tai Chi Mondays, 9:00—10:30a.m. Free Classes

Open Walking in Gym Mondays, Wednesdays & Fridays 12:00-3:00 p.m. Get your walking time done indoors where it is safe & warm!



2024 MEMBERSHIP DRIVE

OFF TO A GREAT START

**399 MEMBERS JOINED
OR RENEWED
SO FAR THIS YEAR**

**2024 MEMBERSHIP GOAL OF
1100 MEMBERS IS NOT MET YET!
REMAND YOUR FRIENDS
AND NEIGHBORS TO JOIN OR
RENEW THEIR MEMBERSHIP!
IT IS ONLY \$10 A YEAR AND
IT WON'T AGE YOU ONE BIT!**

**THANK YOU FOR
SUPPORTING YOUR
SENIOR CENTER!!!**

INSERT PAGES

- ❖ FEBRUARY CALENDAR/MENU
- ❖ DONATIONS & MEMORIALS
- ❖ DAY SERVICES / NOTICES
- ❖ DEMENTIA SUPPORT GROUP / WALK AND TALK
- ❖ THE PURPLE PERK / WOMEN CONNECTED
- ❖ SENIOR CENTER MEAL
- ❖ SAINT PAUL SAINTS TRIP
- ❖ TWINS VS BREWERS GAME
- ❖ CAROLE KING MUSICAL AT THE CHANHASSEN
- ❖ MEMBERSHIP FORM
- ❖ AARP TAX PREPARATION

PERSONAL PERSPECTIVE

It's February! This means Valentine's Day is around the corner. I remember giving all my friends a Valentine when I was in elementary school. I personally think that this tradition should be continued into adulthood. What better than a piece of candy and a fun message? Or sometimes there is a Valentine's Day joke...

"What did the tortoise say on Valentine's Day?"

"I turt-ally love you."



With Happy Thoughts,
Jaden Czysz



Weather Conditions that Close the Senior Center

We may all be too familiar with the Senior Center closing due to severe weather but just a reminder that the Shirley Doane Senior Center will be closed for the day because of weather when the Menomonie Schools are closed DUE TO WEATHER. Most of the local television and radio stations announce these closings, also WEAU posts these closings on-line. Stay Safe!!!!

HAPPY FEBRUARY BIRTHDAYS!

Mary Ann Knee 01	Peggy Baskin 07	Cindi Weiman 13	Bonnie Stouff 18	Margaret Edwards 23
Steve Knutson 01	Sandy Johnson 07	Barb Herman 14	Judy Helgeson 19	Chris Geiger 24
Janet Zitelman 01	Tab Hawkinson 08	Lester Johnson 14	William Powell 19	Karen Olson 24
Jean Algiers 02	Arlyn Hayen 08	Dennis Stratton 14	Marvin Whitman 19	Sue Roethke 24
Dorothy Bacon 02	Joe Plouff 08	Dan Werner 14	Bonnie Anderson 20	Ronald Sandfort 24
Andrea Streff 02	Lynn Samuelson 08	Pauline Beskar 15	Cyndi Edwards 20	James Colvin 25
Marilyn Tangen 02	Tom Slupe 08	Nancy Heifner 15	Kenneth Heintz 20	Marjorie Diederich 25
Linda Walsh 02	Barb Dahlke 09	Pat Myszka 15	Jan Larson 20	Joan Harris 25
Pete Berg 03	Mary Ellen Lidgerding 09	Joanne Natwick 15	Ron Mikesell 20	Cheryl Lowery 25
Carol Blodgett 03	Pauline Liesenfelt 10	Pat Rodey 15	Rachel Selchow 20	Laurel Madsen 25
Katie Harrington 03	Donna Collins 11	Jay Miland 16	Doug Wangen 20	Brenda Arndt 26
Annie Lewis 03	Deloris Cropp 11	Pat Wittenmeyer 16	Robert Cropp 21	Robert Hirsch 26
LeRoy Buss 04	Linda Harris 11	Jean Wulf 16	Melissa Enyeart 21	Judy Probst 27
Neva Fiege 04	Kathy Thomsen 11	Judy Anderson 17	Jean Gagner 21	Donna Weber 27
Angie Huber 04	Larry Ford 12	Becky Berg 17	Dave Verdon 21	Beverly Buss 28
Nancy Bjornson 05	Bob Spinti 12	Lucy Nicolai 17	James Bahr 22	Jill Corr 28
Judy Schattie 05	Jim Swanson 12	Wilma Schwartz 17	Suzi Girolamo 22	Paul Miller 28
Millie Timm 05	Sharon Brathall 13	Teri Wagner 17	Joe Hagaman 22	
Michelle Meisner 06	Barbara Kalina 13	Carl Casper 18	Vicki Jess 22	
Bill O'Neill 06	Rory Slocumb 13	Tim Stanton 18	Margaret Beckman 23	



Thank You...to our members that have renewed
their Membership or joined our center in **January 2024**

399 PAID MEMBERS YTD

Albert & Joanne Madsen	Dick & Lynne Quilling	Kay & Tim Stanton	Robert* & Helen Redlich
Allan & Joan May	Dixie Chermack	Keith Stainer	Robert & Sandra Dotseth
Allen Swanson	Don & Sue Kolek	Ken Schofield	Roger & Mary Shafer
Amy & Jim Swanson	Don Howley	Kirk Pelot*	Romelle Marzitelli
Angie Kryshak	Donna Boerner	Lanna & Larry Laird	Ron & Margaret Melick
Ann Cook	Donna Tietz	Larry & Joan Sinz	Rosanne Reckin
Ann Thibado	Dorothy Schneider	Larry & Laurel Madsen	Rose Jensen
Anoinette & Dennis Ciesielski	Dorothy Sterry	Larry Wieman	Rosella Blakley
Ardith Heise	Dr. William & Frances Powell	Lavonne Solem	Rosemary & Bill Stoll
Arlene Mork	Elizabeth Robinson	Lee & Jill Schwebs	Rosemary & Lawrence Wiatr
Audrey Cropp	Elna Johnson	Linda & Greg Zeits	Rosemary Jacobson
Barb & Lewis Giesking	Faye Swenson	Linda Bark	Ruth Ann Schoenoff
Barb Flom	Floyd & Marge Buggs	Linda Robinson	Ruth Kasten
Barb McKay	Fran Frank	Linda Taftel	Ruth Morey
Barbara & Norman Slaymaker	Gail Palmisano	Lisa Maves	Sally & Lamont Meinen
Barbara Herman	Galen & Chris Hulback	Luann Reckin	Sally & Joe Krier
Barbara Pease	Gene & Sharon Thiede	Lucille Mickelson	Sandra Richards
Becky Evans	Georgianna Larson	Lynda Cran	Sandra Lindow
Becky Iverson	Gerald & Cindy Hoeflin*	Lynda Stewart*	Sandy & Jeff Rogers
Becky Quilling	Geri Bates	Lynn & Polly Enlgehorn	Sharon & Marlin Oebser
Becky Staiger	Helen & Raymond Gabert	Lynn Shaw	Sharon Moritz
Ben & Marlene Evan	Howard & Charlotte Lee	Lynne Shafer	Sheri Nero
Betty Beguhn	Inge Von Eschen	Marcia Mason	Shirley Kistner
Betty Biondich	Irene & Charles Smith	Marcia Mason	Shirley Prochnow
Betty Kirby	Jackie & Bob Krueger	Margaret Edwards	Shirley Smith
Betty Nielsen	Jacq Collins	Margaret Hastings	Sonya Keck
Beverly Railton	Jaena Howells	Margaret Miller	Steve & Barb Wood
Bill & Brenda Arndt	James Neikirk & Linda Johnson	Margaret Steinecker	Sue & Alan Vasey
Bob & Barb Dahlke	Jan Pesok-Herrigs	Margo Hecker	Sue Brockner
Bob & Marlene Bachman	Jane & Tom Slupe	Maria & Dale Butkowski	Sue Alf
Bob Jensen	Jane Hendrix	Marilyn Dehnert	Susan & Pickney Hall
Bonnie Anderson	Janeen Jay Miland	Marilyn Waldbuesser	Susan & Wayne Thibado
Brad & Peg Baskin	Janet Fassino	Marlene Backhaus	Susan Thurin
Brenda Steinberger	Janet Zitelman	Marlys Schultz	Tab Hawkinson
Bruce & Terri Siebold	Jay & Janeen Miland	Martha & Jon Hove	Tab Hawkinson
Carmen Weber	Jean & Robert Duetsch	Mary & Gene Krueger	Tammie & Judy Probst
Carol & Ben Schlosser	Jean & Sam Warp	Mary Bauer	Theresa Tiffany
Carol & Jerry Bressler	Jean Savage	Mary Jean & Lee Nicholls	Thomas & Jill Corr
Carol Blodgett	Jean Wolf	Mary Lestrud	Tim Deatley*
Carol Knopps	Jeanette Fintaine	Mary Shakelton	Tina & Kevin Tharp
Carol Reddicks	Jeanette Fremouw	Mary Smiskey	Tina Lee
Carolyn Knutson	Jeanne Larson	Matthew & Shawn Kohlwey	Tina Tylee
Catherine Osborne	Jeanne Maki	Maxine Cook	Tom & Nancy Birthman
Charles & Colleen Rogers	Jeanne Rothaupt	Melissa Eneyart	Tom Schmelzle
Charles & Vicki Maves	Jeff Erickson	Melvin Beck	Valerene Johnson
Charlotte Dodge	Jerrery Sorensen*	Melvin Sundby	Vicki Tritt
Cheryl Lowery	Jerome & Judith Evan	Michael Belden	Vince Hague
Chris Oest	Jerry & Jan Traxler	Millie Lensilink	Virginia & Eugene Skjegstad
Christara Harmann	Jim Bahr	Milton & Laurie Litomsky*	Vivian & Larry Hanestad
Christopher Linzmeier*	Joe & Joyce Kettner	Nancy & Mike Davis	Walter Gerth
Cindy & Steve Bates	Joe Plouff	Nancy Ponto	Wendy Arneson*
Cletus & Geri Wolfe	John & Teresa Wagner	Nancy Rud	
Collene DeRaad	John Backhaus	Nancy Sandborg	
Cyndi Edwards	Joy Dock	Nancy Wold	
Dale & Carol Seppa	Joyce Robbins	Norma Webb	
Dan & Shari Homstad	Judith Weber	Norman & Donna MrDutt	
Darlene Britton	Judy & Ron Fry	Opal Thibado	
Dave & Betty Verdon	Judy Benzel	Pam Wheeler	
Dave McNaughton	Judy Ferguson	Pat & Ron Rodey	
Dave Rasmussen	Judy Frank	Pat Chamberlain	
David & Donna Uptel	Judy Schattie	Patrick Pesok-Herrigs	
David & Edna Samdahl	Julianne Kettner	Paula Noll	
David & Karen Williams	Julie Glocke	Pauline & Craig Schultz	
David Beck	Julie Kinney	Pauline Liesenfelt	
Dean & Sharon Gilles	Karen Olson	Phil Diser	
Dennis & Margaret McCabe	Karen Snyder	Reinhard & Trudy Shoening	
Dennis Kropp	Kari Lueck	Rhonda & Marvin Whitman	
Diana Stoeckmann	Kathleen Myren	Richard & Pam Rueckl	
Diane Mercil	Kathy Diedrich	Rita Donicht	
Dianna McCormick	Kathy Thatcher	Robert & Michelle Meisner	



Shirley Doane Senior Center 2023 Board of Directors

Board President: Tina Tharp
 Board Vice President: Karen Martinson
 Board Secretary: Jo Gust
 Board Treasurer: Bonnie Christianson
 Backup Secretary: Mickey Wolfe

Fran Frank
 Rosalie Werner
 Jane Kingzett
 Jan Pejsa
 Bill Arndt
 Bill Mercer
 Karen Siegl

Senior Center Director: Donna Collins
 Front Office: Karen Snyder & Sara Amen
 Office Assistant: Jaden Czysz
 ADS Managers: Barb Welch & Fran Frank
 Carol Bergelin & Heather Jerrie & Sharon Zachow
 Webmaster: Joe Hagaman

The February Board meeting will be held on February 13, 2024, at 8:30am. If you are interested in attending a meeting please let us know one week in advance via email or phone:
 seniors@wwt.net 715.235.0954
 Board meeting minutes are available upon request.

2024 SENIOR CENTER BOARD OF DIRECTORS & NEWLY ELECTED OFFICERS

Not available at the printing of this newsletter.
 New roster will be listed in the
 March 2024 Senior Center Newsletter
 Or available by contacting the Senior Center office.

Join Us On February 21st For Our Delicious
 Spaghetti with Meatsauce
 Senior Center Dine In Meal @ 11:30 AM
 Sponsored by:
 Luanne Prochnow
 See Insert and Please Sign Up

SAVE THE DATE:
“STANDING IN THE GAP”
MARCH 13, 2024
 Registration Requested
 Standing in The Gap is an interactive discussion for
 seniors and their families.
 Watch your March Newsletter for More Details

Shirley Doane Senior Center is a 501 (C) (3) non-profit organization supported in part by United Way of Dunn County. The Center supports United Way campaign efforts.

LABEL



1412 6th Street East
 Menomonee, WI 54751
 715-235-0954 seniors@wwt.net
 Web: memomonieseniorcenter.org

**SHIRLEY DOANE
 SENIOR CENTER**

February Newsletter

Electronic Service Requested

Non-Profit Org.
 U.S. Postage Paid
 Menomonee, WI
 54751
 Permit No. 345

**SPECIAL DONATIONS &
MEMORIALS GIVEN TO
THE SENIOR CENTER
IN JANUARY 2024 THANK YOU!**



YOUR GENEROSITY IS OVERWHELMING!

Memorials:

Luann Reckin
IMO Harlyn Larson

Marvin & Rhonda Whitman
IMO Harlyn Larson

Howard & Charlotte Lee
IMO Mary VanNorman

Shari & Dan Homstad
IMO Mary VanNorman

Barb Flom
IMO Harlyn Larson

Nancy & LeRoy Buss
IMO Alice Evenson

Carol Bakke
IMO Jim Solie

Karen Snyder
IMO Eugene Snyder

Maureen Scott
IMO Eva Linneman

John & Barb McKay
IMO Alice Evenson

David McNaughton
IMO Julie McNaughton

Carol Bakke
IMO Daryl Knospe

Shari & Dan Homstad
IMO Harlyn Larson

Memorials Cont.:

Gloria Kraemer
IMO Alice Evenson

Carol Bakke
IMO Alice Evenson

Marlene Hurley
IMO Bill O'Neill

***Monetary
Donations :***

Barb Anderson

Rita Donicht

Robert & Helen Redlich

Larry & Joan Sinz

Susan Thurin

Susan & Pinckney Hall

Jean Savage

Vince Hague

Millie Lensilink-Hague

Lynn Shaw

Janet Fassino

Betty Nielsen

***Monetary
Donations
(Cont.) :***

Faye Swenson

Becky Quilling

Geri Bates

Nancy Rud

Margaret Hastings

Rosemary Jacobson

Pat Chamberlain

Cheryl Lowery

Bob & Barb Dahlke

Christara Hormann

Georgianna Larson

Jaena Howells

Vicki Tritt

David & Karen Williams

Maria & Dale Butkowski



**FRIENDS OF THE
MENOMONIE
PUBLIC LIBRARY**

**A Big Thank You to the Friends of the Menomonie
Public Library for donating large-print books to the
Senior Center's Free-Lending Library.**

**Our library is a great resource for our members
& we appreciate it greatly!**





ADULT DAY SERVICES

Comfortable, Loving Atmosphere

CARING FOR A LOVED ONE AND FINDING IT HARD TO GET THOSE LITTLE ERRANDS RUN, OR JUST NEED SOME PERSONAL TIME TO YOURSELF?

We can help...

ADULT DAY SERVICES
Monday through Friday
10 A.M.—2:30 P.M.

We are reaching out to meet the need for affordable respite care in our community. If you, or someone you know needs this extra help, please stop by any of these days and times to see how we interact with those entrusted to our care.

For more information call: 715-235-0954 Or email: seniors@wwt.net

SENIOR CENTER MONTHLY MEAL SPONSORS REQUESTED

A huge Thank You to Luanne Prochnow for sponsoring our fabulous February Spaghetti Meal on February 21st. We are looking for sponsors for the monthly meals for the other months in 2024.

If you are able to help with these sponsorships please contact our office by email or phone and we would be happy to give you details.

Our email address: seniors@wwt.net or phone number: 715-235-0954 Thank You!

CVLR Spring Signup

CVLR Registration for Spring/Summer 2024
February 21, 2024

At The Rassbach Museum

CVLR has 81 offerings for Spring/Summer 2024.

Mail-in registration is also available. The booklet will be mailed to members the first week of February and available for pick up at the Senior Center.

EXPLORING DEMENTIA CAREGIVING

Tuesday February 26, 2024
10:30am—Noon at the
Menomonie Area
Senior Center

If you care for someone with dementia you are invited to join us at the Senior Center for care strategies, resources and support. Day Services available for a nominal fee for those being cared for.

Foot & Nail Clinic

(EXPECT YOUR APPT TO LAST 1 HOUR)

Please call the Senior Center for an appointment at 235-0954.

The Foot Clinic will be held this month on the 1st, 2nd, 3rd and 4th Wednesday of February 2023.

Next Dates: February 7th, 14th, 21st, 28th

Time: 8:30 – 11 a.m.

Place: Senior Center

Fee: \$20 per person

Becky Czysz, RN, Foot Care Nurse Mickey Wolfe, Volunteer Assistant.
Lanna Laird, Volunteer Backup Asst.

Appointments are required as time is limited.





2024 Dates

Jan 22	Jul 22
Feb 26	Aug 26
Mar 25	Sep 23
Apr 22	Oct 28
May 27	Nov 25
Jun 24	Dec 23

Exploring Dementia

A support group for those caring for someone living with dementia

Fourth Monday of the Month

10:30 am to Noon

The Dementia Adult Day Services (DADS) program is an option during this meeting. To find more about this program and availability, contact the Senior Center at 715-235-0954

**Shirley Doane Senior Center
1412 Sixth Street E, Menomonie**

Walk & Talk



First Thursday of the Month

12:30—1:20pm

**SHIRLEY DOANE
SENIOR CENTER**

No registration required.

Questions? Contact the Aging & Disability Resource Center

At 715-232-4006

Are you connected with the Aging and Disability Resource Center (ADRC)? Do you know all we have to offer? Do not wait until you need us to get to know us. Come and walk and talk with ADRC staff, receive general information and/or answers to your specific questions.

2024 Dates

January 4	July 11
February 1	August 1
March 7	September 5
April 4	October 3
May 2	November 7
June 6	December 5



**Questions? Contact the Aging
& Disability Resource Center
At 715-232-4006**



THE PURPLE PERK



**AT THE MENOMONIE SENIOR CENTER
1412 Sixth Street E, Menomonie WI**

A welcoming place for individuals, families, and friends of those living with memory changes. Come join us for coffee, conversation, and activities in a safe and inclusive space.



**THE 3RD MONDAY OF THE MONTH
10:00-11:30 A.M.**

**Feb. 19
March 18
April 15
May 20**



**June 17
July 15
Aug. 19**



**Sept. 16
Oct. 21
Nov. 18
Dec. 16**



Women Connected

**A SUPPORT GROUP
FOR WOMEN CAREGIVERS
Menomonie Senior Center
1412 6th St. E., Menomonie, WI**

11:30 a.m. 2nd Wednesday of the month 2024

*Jan. 10
Feb. 14
March 13
April 10*

*May 8
June 12
July 10
Aug. 14*

*Sept. 11
Oct. 9
Nov. 13
Dec. 11*

**For more information contact
the Aging & Disability
Resource Center
At 715-232-4006**

**Gain a sense of empowerment
and reduce the feelings of
loneliness and social
isolation. Share tips and
improve or learn new, healthy
coping skills.**

SPONSORED BY :LUANNE PROCHNOW... Thank You!!!

No Take-Outs

\$8 / Ticket

Spaghetti In-House Meal



February 21st, 2024



11:30am-12:30pm

Menu:

**Spaghetti
Bread
Salad
Dessert**



**RSVP by
February 16th, 2024**

**If you make a reservation &
cannot make it, PLEASE call
and let us know!**

Seats are limited.

715.235.0954

**SHIRLEY DOANE
SENIOR CENTER**

SHIRLEY DOANE
SENIOR CENTER

1412 Sixth Street • Menomonie • 715.235.0954

LET YOUR SENIOR CENTER
TAKE YOU OUT TO A BALLGAME!



TWINS vs BREWERS

AT TARGET FIELD

Sunday, July 21st, 2024

10:00 am-5:30 pm

Senior Center Tour

\$110 per person

Call 235-0954 to reserve today!

ITINERARY:

10:00 a.m. Depart Senior Center

11:30 a.m. Arrive Target Field

11:30—1:00 p.m. On your own to have lunch, buy snacks or just go to your seat and relax and enjoy the view!

1:10 p.m. GAME TIME!!!!

2:30 p.m. Seventh Inning STRETCH (Approximate Time)

4:00 p.m. Depart Target Field (Approx. Time)

5:30 p.m. Arrive back at Senior Center (Approx. Time)

Description: Join us for a “Summer Fun-Day on a Sunday!” What better way to enjoy the warmer weather than to take in a major league Ball Game! Whether you are a Twins or a Brewers Fan this promises to be a delightful day at Target Field. Our excellent seats are in the SHADE for this game.

Day tour price includes your ticket to the game and transportation only. Food, beverages and snacks at the ballpark are **NOT** included. *There are many delicious food choices to be had at Concession areas located close to your seats!*

Elevators available and minimal stairs at our seat locations but plan to do some walking. Hope you will join us on this FUN-DAY!

Final payment due: June 15, 2024

Snacks on the bus are provided courtesy of:

American Lutheran Communities, Menomonie ~ Thank You!!

Shirley Doane Senior Center, 1412 6th Street E, Menomonie, WI 54751, 715-235-0954

**LET YOUR SENIOR CENTER
TAKE YOU OUT TO A BALLGAME!**



CHS FIELD

ITINERARY

- 10:00 a.m.** Depart Senior Center
- 11:30 a.m.** Arrive CHS Field
- 11:30am-1:00 pm** On your own—\$20 in Saints Bucks are included for your convenience to enjoy lunch and beverages at any of the vendors.
- 1:07p.m.** **GAME TIME!!!!**
- 4:00 p.m.** Depart CHS Field (Approx. Time)
- 5:30 p.m.** Arrive back at Senior Center (Approx. Time)

*Senior Center Tour
\$85 per person
Call 235-0954 to reserve today!*



Description:

Join us for our second annual trip to see the Saint Paul Saints play the Toledo . Heading into their 28th season and fifth at CHS Field, the Saints are known for its “Fun Is Good” motto! Just read the testimonial below from a guest on a previous trip. You can’t miss spending a summer afternoon enjoying a ballgame in SHADY SEATS right behind home plate! Your trip includes \$20 in Saints Bucks to be used for any food or beverage at any of the many delicious vendors. The price is right for a ballgame outing in the summer. CHS Field is a great ballfield and we promise to have a lot of fun!

“My first visit to a St. Paul Saints game and I was pleasantly surprised! Great seats, lots of food options, great venue and The City of Baseball Museum was interesting. Zany announcers and games. A lot more fun than your typical ballgame! I’ll definitely go again!

Final Payment due May 15th, 2024

Shirley Doane Senior Center, 1412 6th Street E, Menomonie, WI 54751, 715-235-0954



SHIRLEY DOANE
SENIOR CENTER



Chanhassen Dinner
Theatres Presents:

Beautiful
The Carole King Musical
Wednesday, August 21st, 2024

Senior Center Tour
\$115 per person
Call 235-0954 to reserve
Good seats still available!

Itinerary

9:00 a.m. Bus Departs For the Chanhassen Dinner Theater

10:30 a.m. Arrive Chanhassen Dinner Theaters, Chanhassen, Minnesota

11:00 a.m. Dinner Choices: **Chicken Chanhassen, Orange Roughy, Vegetable Lasagna, Vegan Imposs-Loaf, Chicken Tenders, Cranberry Pear Salad, Cajun Pasta Primavera, Grilled Cheeseburger**

1:00 p.m. Curtain Time: **Beautiful**

3:45 p.m. Depart From Chanhassen Dinner Theater (approximate time)

6:00 p.m. Return to Senior Center (latest approximate time)

ABOUT BEAUTIFUL:

The soundtrack of a generation inspired this **BROADWAY SMASH HIT!** For nearly six years, *Beautiful: The Carole King Musical* thrilled Broadway audiences with the inspiring true story of Carole King's remarkable journey from teenage songwriter to Rock & Roll Hall of Fame music legend. As a woman in the music industry, King broke barriers and became one of the most prolific songwriters of our time!

Carole King wrote hits for the biggest music acts from The Shirelles to The Righteous Brothers – then recorded her Grammy-winning masterpiece, *TAPESTRY*. The musical takes you on a joy-filled, emotional ride of a lifetime! Featuring over two dozen hits including “One Fine Day,” “The Locomotion,” “So Far Away,” “Natural Woman,” “You’ve Lost That Lovin’ Feelin,’” and “Will You Love Me Tomorrow,” this Tony and Grammy Award-winning musical is filled with the songs you remember and a story you’ll never forget. A huge cast of singers and dancers bring more than 24 of her greatest hits to life in a triumphant celebration!

Chanhassen Dinner Theater is known for its delicious food and wonderful performances. Ticket price includes dinner, tickets, transportation and all taxes and gratuities except voluntary driver gratuity.

FINAL PAYMENT DUE JULY 15, 2024

Menomonie Senior Center, 1412 6th Street E, Menomonie, WI 54751 715-235-0954

All Menu's and exact times are subject to change

Free In-Person Tax Preparation Service

AARP Foundation Tax-Aide offers free tax preparation to anyone of any age – especially if you are 50 or older or can't afford paid tax preparation.



In Your Area

Free Tax Service at the ADRRC

Tuesday and Thursday: 9:00 am until 3:30 pm

February 2nd thru April 11th, 2023

APPOINTMENT ONLY – CALL (715) 232-4006



\$10 per calendar year
2024 Membership Application

Name _____ Date _____

Spouses Name _____

Address _____

City _____ Zip Code _____

Home Phone _____ Other Phone _____

Emergency Contact _____ Phone _____

Birthdate ____/____/____ Spouses Birthdate ____/____/____
month / day / year month / day / year

E-mail: _____

If you enjoy the activities, programs and services here at the Shirley Doane Senior Center, we invite you to join as a member. The low membership fee remains at \$10 per calendar year. Scan cards are required to enter The Senior Center, for tracing purposes, regardless of membership. Some low cost or no cost opportunities offered to members when appropriate according to CDC guidelines:

- ◆ Day Trips
- ◆ No-Impact Exercise Programs
- ◆ Meals
- ◆ Card Games
- ◆ Bingo
- ◆ Crafts
- ◆ Health Care Issues Presentations
- ◆ Health Screening Clinics
- ◆ Foot & Nail Clinics
- ◆ Website (menomonieseniorcenter.org)
- ◆ Facebook (Shirley Doane Senior Center)

Check Box :

\$10 Membership \$20 Couple Membership Memorial \$ _____

Other Donation \$ _____ Interested in Volunteering

Return form to: **Shirley Doane Senior Center**

1412 Sixth Street • Menomonie, WI 54751 • 715.235.0954 • menomonieseniorcenter.org



FEBRUARY 2024 Elderly Nutrition Program

SENIOR CENTER IN HOUSE MEAL

FEB 21ST

Menu subject to change ENP located at Tantara Apt's Mon through Fri.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Easy chicken cordon bleu, Cheesy hash browns, Broccoli cuts, Wheat bread, Chilled pears	2 Breaded baked fish, Baked potato, Monte Carlo blend Vegetables, Rice pudding with raisins
5 Breaded pork chop, Buttered new potatoes, Dilled carrots, Wheat bread, Grapes	6 Herb baked chicken, Oven roasted sweet potatoes, Spinach salad, Apple crisp	7 Baked spareribs, Sauerkraut, German potato salad, Perfect pinto beans, Pumpkin bread	8 Roast beef, Mashed potatoes, Brown gravy, Whole kernel corn, Cherry torte bar	9 Crumb topped baked fish, Basil garlic potatoes, Broccoli cuts, Fruit ambrosia salad
12 Beef stroganoff, Noodles, Seasoned peas, Fresh banana	13 Roast turkey, Mashed potatoes, Turkey gravy, Herbed baby carrots, Wheat bread, Applesauce	14 Shepard's pie, Stewed tomatoes, Red velvet cake <i>Happy Valentines Day</i>	15 Baked fish fillet, Lemon butter sauce, Twice baked potatoes supreme, Broccoli cuts, Wheat bread, 24 hour fruit salad	16 Three bean chili with canned beans, Mixed green salad, Cornbread, Angel food cake, Maple whipped cream
19 Open face hot turkey sandwich with gravy, Mashed potatoes, Turkey gravy, Broccoli, Apple slices	20 Baked ham & pineapple, Scalloped potatoes, Pinto beans & bacon, Creamy frosted white cake	21 SENIOR CENTER IN HOUSE MEAL Spaghetti Meat Sauce Bread Salad Dessert	22 Deluxe chicken pot pie, Herbed baby carrots, Dinner roll, Cherry cobbler	23 Tuna noodle casserole, Colorful coleslaw, Apricots
26 Pork chops with apples, Mashed sweet potato, Seasoned peas, Wheat bread, Sugar cookies	27 Beef pot roast, Brown gravy, Roasted red potatoes, Carrots with parsley, Whole wheat rolls, Banana cake	28 Barbecue glazed chicken, Au gratin potatoes, Whole kernel corn, Wheat bread, Watermelon	29 Ham & cheese sandwich, Just bean soup, Crackers, Creamy coleslaw, Diced pears	