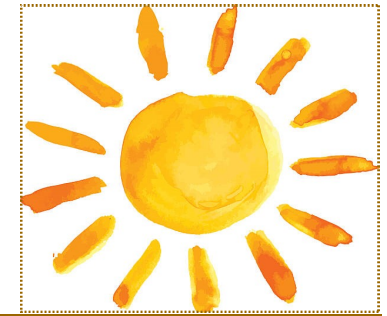


**SHIRLEY DOANE
SENIOR CENTER**

1412 Sixth Street E
Menomonie, WI 54751
715-235-0954 email: seniors@wwt.net
menomonieseniorcenter.org

Shirley Doane Senior Center
June 2024



SUN	MON	TUE	WED	THU	FRI	SAT
	No Stronger Seniors Classes until September	<i>Need Reservations *</i>				1
2	3 9am-11am Tai Chi 10am-2:30pm ADS* 10am Relatives Raising Children ADRC 12-3pm Open Walking Gym 1pm Mah Jongg / Euchre	4 8:30-9:15am Chair Yoga 10am Cribbage 7pm Popcorn in the Park 	5 8:30am Foot & Nail Clinic* 9am-2pm Crafts / 10am-2:30pm ADS* 12-3pm Open Walking Gym 1pm Open Duplicate Bridge	6 8:30-9:15am Chair Yoga 10am-2:30pm ADS* 12:30-1:30pm ADRC Walk & Talk 1pm 500 Cards / Open Party Bridge	7 10am-2:30pm ADS* 12-3pm Open Walking Gym 1pm BINGO	8
9	10 9am-11am Tai Chi 10am-2:30pm ADS* 12-3pm Open Walking Gym 12:30-2:00 CVLR Cooking w/Monica* 1pm Mah Jongg / Euchre	11 8:30-9:15am Chair Yoga 8:30am BOARD MEETING - SENIOR CENTER 10am Cribbage 10am-Noon OIL Blood Pressure & Sugar Screening 7pm Popcorn in the Park	12 8:30am Foot & Nail Clinic* 9am-2pm Crafts / 10am-2:30pm ADS* 11:30am Women Connected ADRC 12-3pm Open Walking Gym 1pm Open Duplicate Bridge	13 8:30-9:15am Chair Yoga 10am-2:30pm ADS* 1pm 500 Cards	14 10am-2:30pm ADS* 12-3pm Open Walking Gym 1pm BINGO	15
16 FATHER'S DAY	17 9am-11am Tai Chi 10am-2:30pm ADS* 10-11:30am The Purple Perk ADRC 12-3pm Open Walking Gym 1pm Mah Jongg / Euchre	18 8:30-9:15am Chair Yoga 10am Cribbage 7pm Popcorn in the Park	19 8:30am Foot & Nail Clinic* 9am-2pm Crafts / 10am-2:30pm ADS* 12-3pm Open Walking Gym 1pm Open Duplicate Bridge  Saint Paul Saints Senior Center Day Trip*	20 8:30-9:15am Chair Yoga 10am-2:30pm ADS* 1pm 500 Cards 1pm Open Party Bridge	21 10am-2:30pm ADS* 12-3pm Open Walking Gym 1pm BINGO	22
23	24 9am-11am Tai Chi 10am-2:30pm ADS* 10:30am-Noon Exploring Dementia ADRC 12-3pm Open Walking Gym 1pm Mah Jongg / Euchre	25 8:30-9:15am Chair Yoga 10am Cribbage 7pm Popcorn in the Park	26 8:30am Foot & Nail Clinic* 9am-2pm Crafts / 10am-2:30pm ADS*  11:30-12:30 SENIOR CENTER  STRAWBERRY FEST COMMUNITY MEAL* 12-3pm Open Walking Gym 1pm Open Duplicate Bridge	27 8:30-9:15am Chair Yoga 10am-2:30pm ADS* 1pm 500 Cards	28 10am-2:30pm ADS* 12-3pm Open Walking Gym 1pm BINGO	29
30						