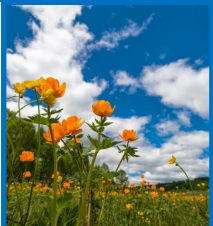


June 2024

SHIRLEY DOANE



SENIOR CENTER NEWSLETTER

1412 Sixth Street E • Menomonie, WI 54751

Phone 715.235.0954 • www.menomonieseniorcenter.org

LIKE US ON FACEBOOK @ Shirley Doane Senior Center

NOTE FROM THE DIRECTOR



These are a few of my favorite things:

June and the 30 pleasant days that come with it!

Isn't it the truth that June is such a pleasure weather wise? It enables us the freedom to enjoy outdoor activities during long days! I sincerely feel that Wisconsin in the summer and June in particular, is the epitome of beauty. It's those wide open spaces, the Americana, the simplicity and good clean air that please all of us. And then there are the birds that enjoy the summers so much that they flock here in huge numbers. Such a good part of the country to raise a family! May you enjoy this fine time of year and if you like—let me know a few of your favorite things! — Donna

Highlights at The Senior Center...

⇒ **Twins vs Brewers Ballgame/Senior Center Day Trip**

Sunday, July 21st 2024 9:30am to 5:00pm

Take us up on this Day Trip No Baseball Experience Necessary! Just Experience in Having Fun on a "Summer Sunday Afternoon!"

Note: Cash **NOT** allowed at Target Field for food purchases

⇒ **Saint Paul Saints Ballgame/Senior Center Day Trip**

Wednesday, June 19th, 2024 10:00am to 5:30pm

Still a few good seats left! Call soon and then bring your happy face to this fun filled day!

⇒ **JUNE Senior Center Meal: Lunchtime Strawberry Fest with The Senior Center's Signature BBQ Sandwich-Calico Beans-Potato Salad & Fresh Picked Strawberries on Freshly Made Shortcakes**

Wednesday, June 26th 2024 11:30 am-12:30 pm \$10.00 See Insert

⇒ **Chair Yoga** \$3 per class June 4, 6, 11, 13 -Tues & Thurs, 8:30-9:15am

June 18, 20, 25 & 27 Tues & Thurs, 1:30-2:15 pm

MORE SENIOR CENTER SPONSORED PROGRAMS:

Tai Chi Mondays 9:00-11:00am Free

Popcorn in the Park at The Ludington Guard Band Concerts In Wilson Park Still only \$1 for a Bag Of Popcorn!

June 4th -August 6th 6:30-9 pm

Thank You...to our members that have joined or renewed their 2024 Memberships in May 2024
* Denotes New Member –Welcome!

Jan & Gary Link
Annette & John Taylor
Deborah Fuerst*
Curtis Peterson
Judith Anderson
Judy Jones
Muriel Wolf
Earlene Way
Yvonne Vaughn
Larry Silvestro
Patrick LaVenture
Ronald Welsch
Naomi Cummings
Susan & Tom Miller*
Marilyn Stevens*
Marlys Nusberger*
Dan & Kathy Werner
Mike & Mary Kolstad
Brenda Swannack

Thank you for paying your membership fees.
**Membership is for the calendar year, January-December

Insert Pages

- ❖ June Calendar/ENP Menu
- ❖ Memorials & Donations
- ❖ Adult Day Services
- ❖ Strawberry Fest 2024!
- ❖ Summer Day Trips
- ❖ Christmas Day Trip
- ❖ ADRC Programs



PERSONAL PERSPECTIVE



It is finally June! Summer has begun and I am very excited. During the summer, I like to...

- Go to the beach
- Go fishing with my grandpa
- Go to parks and explore nature
- Take my dog on outdoor adventures
- Spend time with friends and family
- And relax!!

What summer activities are YOU looking forward to? There is a lot of fun to be had at the Menomonie Senior Center this summer & I hope to see you all enjoying it!



With Happy Thoughts,
Jaden Czysz



Foot & Nail Clinic

NEW CLINIC DAYS HAVE BEEN ADDED TO THE SCHEDULE!



OFFERING APPOINTMENTS ON THE 1ST 2ND & 3RD TUESDAY OF THE MONTH IN ADDITION TO THE WEDNESDAY CLINIC TIMES

Please call the Senior Center for an appointment at 715-235-0954.



The Foot Clinic will be held the 1st, 2nd, 3rd & 4th Wednesdays of June & the 1st 2nd & 3rd Tuesday of June

(EXPECT YOUR APPT TO LAST 1 HOUR)

Next Dates: June 4, 5, 11, 12, 18, 19 & 26, 2024

Time: 8:30-11:00 a.m.

Place: Senior Center Fee: \$20 per person

Nurses: Becky Czysz, RN & Ruth Potter, RN

Mickey Wolfe, Volunteer foot care assistant

Lanna Laird, RN, Backup foot care assistant

Appointments are required as time is limited.



THE CENTER FOR INDEPENDENT LIVING—WESTERN WISCONSIN

SPONSORING:
FREE BLOOD PRESSURE & BLOOD SUGAR SCREENING

TUESDAY JUNE 11TH
10:00AM - 12:00PM

@ THE MENOMONIE SENIOR CENTER

NO PRE REGISTRATION NECESSARY



Exploring Dementia Caregiving

4th Monday of Every month
10:30 am-12 pm

at the Menomonie Area Senior Center

Next support group meeting
June 24, 2024

Adult Day Services available during meeting!

Please call: 715-235-0954

To Make a Reservation for those you are Caring For

Joyful Noise Choir Good Old Camp Songs Concert



June 25th, 2024

7:00pm

Menomonie United Methodist Church, 2703 Bongey Drive

VOLUNTEER OF THE MONTH

Carolyn Knutson



Carolyn has been a proud Menomonie citizen since 1964. She worked as a nurses aide, then as an assembly tech at Phillips-Medisize for 18 years. She has 4 children, 9 grandchildren, and 6 great grandchildren.

Carolyn does a great job at staying active. She enjoys participating in Tai Chi on Monday mornings at the Senior Center. She's also an assistant instructor for evening aqua-size at Menomonie High School pool. Along with that, she likes to go to the Menomonie Health and Fitness Center.

Carolyn is an amazing volunteer and loves helping people. She enjoys helping cook and serve the fundraising meals at the Senior Center. She also helps cook Tuesday's Table at her church's rotation every month.

She has been a Senior Center member for 7-8 years. She really enjoys her time at the Senior Center and is thankful that everyone is so friendly and helpful. We are so appreciative of Carolyn and her kindness!



HAPPY JUNE BIRTHDAYS!



Patrick Pesek-Herriges 01	Leona Metzger 07	Ine Edens 14	Beverly Halverson22
Carol Schlosser01	Kirk Pelot 07	Wanda Lafferty 14	Mark Migawa22
Rosemary Christianson 02	June Bradford 08	Gary Link..... 15	Mary Ann Wittig.....22
Bonnie Christianson02	Linda Tylee 08	Mary Lotten 15	Ruth Caturia.....23
John Halverson.....02	Will Byer 09	LaMont Meinen..... 15	Jean Gasteyer24
Van Bui Tuat02	Marie Creaser..... 09	Sally Meinen 15	Karen Martinson24
Cynthia Welch02	Jerome Jacobs..... 09	Mary Smiskey..... 15	Jerome Prochnow.....24
Rosemary Tracy.....03	Marlene Leach 09	Norma Canfield..... 16	Judy Ferber25
Sally Krier04	Jill Schwebs 09	Debbie Harmon..... 16	Don Roberts25
John Melkin.....04	Mary Lou Shakelton 09	Marietta Stewart..... 16	Marlys Sampson.....25
Pam Rueckl04	John Wesolek 09	Doris Win..... 16	Margy Hagaman26
Trudy Schoening.....04	Jeff Richards..... 10	Marlys Fahl..... 17	Linda Lou Hansen.....26
Rosalind Wynveen04	Jeffery Sorenson 10	John Mikkelson..... 17	Yvonna Kuesel26
Sandra Dotseth05	Paulette Baumgartner 11	Carmen Weber 17	Beth Kuesel26
Larry Gundlach05	Jerry Evan..... 11	Pat Bade 18	Darlene Boe27
Bob Knappe05	Bonnie Asher 12	Betty Neilson 18	Deanna Craton27
Gloria Kraemer.....05	Scott Hayden..... 12	Lois Shakelton 18	Loretta Farrell28
Virginia Schober05	Ruth E Hendrickson..... 12	Beth Edstrom 19	Sandy Ponto29
Shirley Smith.....05	Kathleen Remund 12	Elna Johnson 19	Lee Schwebs.....29
Linda Wagner05	Shari Homstad 13	Del Penton 19	Bruce Siebold29
Suzanne Gaines.....07	Vada Husby..... 13	Lynn Englehorn 20	
Melva Harmer.....07	Brenda Swannack 13	Connie Mobry..... 20	
Nancy Johnson07	Dennis Beety 14	Carrol Hulback..... 21	

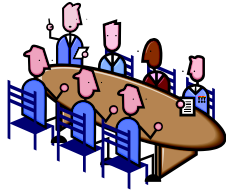


IF YOU WOULD LIKE TO NOMINATE A VOLUNTEER TO BE THE VOLUNTEER OF THE MONTH PLEASE DO SO BY LEAVING THE NOMINATION IN THE SUGGESTION BOX IN THE SENIOR CENTER OFFICE. TO BE HIGHLIGHTED FOR BEING RECOGNIZED FOR ACCOMPLISHMENTS OR HAVE OTHER ASSOCIATIONS OR ACTIVITIES OF INTEREST, PLEASE SEE THE SENIOR CENTER DIRECTOR OR SPEAK WITH A BOARD OF DIRECTORS MEMBER. THANK YOU!

**Shirley Doane Senior Center
2024 Board of Directors**

Board President: Tina Tharp
 Board Vice President: Karen Martinson
 Board Secretary: Bonnie Christianson
 Board Treasurer: Shari Homstad
 Backup Secretary: Rosalie Werner

Jane Kingzett
 Jan Pejsa
 Jo Gust
 Bill Arndt
 Bill Mercer
 Karen Siegl
 Carla Berscheit



Senior Center Director: Donna Collins
 Assistant Director: Sara Amen
 Office Assistants: Karen Snyder & Jaden Czysz
 Day Services Manager: Heather Jerrie
 Day Services Staff: Fran Frank, Barb Welch & Sharon Zachow
 Webmaster: Joe Hagaman

Board meetings are held the second Tuesday of each month at 9 a.m. If you are interested in attending, please let us know one week in advance. Email address: seniors@wwt.net
 Phone: 715.235.0954

MENOMONIE SENIOR CENTER



**STRAWBERRY
FEST
2024**

**Wednesday, June 26, 2024 ~
11:30 a.m.-12:30 p.m.**

\$10.00 PER PERSON

**BBQ Sandwich, Calico Beans, Potato Salad,
Fresh Strawberries and Homemade Shortcakes**

**Reservations needed by Friday, June 21.
Thank you for supporting this fundraisers!**

3 CHANCESTO PLAY BINGO!!!!

1. **Friday Bingo at the Senior Center 1:00 PM**
2. **Strawberry Fest Bingo—Wednesday June 26th in the gym at the Senior Center after the meal!**
3. **BINGOCIZE with the Dunn County ADRC starting June 18 at the Senior Center—See Insert**

Shirley Doane Senior Center

Shirley Doane Senior Center is a 501 (C) (3) non-profit organization supported in part by United Way of Dunn County. The Center supports United Way campaign efforts.

LABEL



1412 6th Street East
 Menomonie, WI 54751
 715-235-0954 seniors@wwt.net
 Web: menomonieseniorcenter.org

**SHIRLEY DOANE
SENIOR CENTER**

June Newsletter

Electronic Service Requested

Non-Profit Org.
 U.S. Postage Paid
 Menomonie, WI
 54751
 Permit No. 345

**SPECIAL DONATIONS &
MEMORIALS GIVEN TO
THE SENIOR CENTER
IN MAY 2024**

Thank you for your generosity!



Memorial Donations:

Wally & Ino Collins
IMO Jacq Collins

Jan O'Neill
IMO Jacq Collins

Marty Fisher-Blakeley
IMO Jacq Collins

Robert & Rebecca Hendrickson
IMO Jacq Collins

Julie Esser
IMO Jacq Collins

Lyn Collins for Lois Collins
IMO Jacq Collins

Deborah Benoit
IMO Jacq Collins

Tom & Jane Slupe
IMO Jacq Collins

Bob & Dixie Walter
IMO Kay Kundy, Joyce Hoyt,
& Anita Harvey

Janet Zitelman
IMO Deloris Cropp

Lorene Vedder & Mike Brandt
IMO Bill O'Neill

Sue & Alan Vasey
IMO Norma Webb

**Darlene Britton &
Lucille Mickelson**
IMO Norma Webb

Donations:

Carol Pittman
Quilting Supplies

Shirley Scammel
Quilting Supplies

Cynthia Welch
Greeting cards

Ruth Potter
Rhubarb

Dale & Cindy Quilling
June Meal Sponsorship

Monetary Donations:

Curtis Peterson
Earlene Way
Beta Sigma Phi Sorority
Luanne Reckin

ADULT DAY SERVICES

Comfortable, Loving Atmosphere.

CARING FOR A LOVED ONE AND FINDING IT HARD
TO GET THOSE LITTLE ERRANDS RUN, OR JUST
NEED SOME PERSONAL TIME TO YOURSELF?

We can help...

ADULT DAY SERVICES (ADS)

Mondays, Wednesdays,

Thursdays & Fridays

10 A.M.—2:30 P.M.

We are reaching out to meet the need for
affordable respite care in our community. If you,
or someone you know needs this extra help,
please stop by any of these days and times to see
how we interact with those entrusted
to our care.



For more information
call: 715-235-0954

Or email: seniors@wwt.net



Volunteers Needed for Day Services

**Wine, Women, &
DEMENTIA**

**A road trip connecting the
disconnected —
because until there's a cure,
there's community.**

June 5

2 - 5pm - FREE
Menomonie
Rassbach Museum

June 10

2 - 5pm - FREE
Bloomer
Middle School

June 12

12 - 3pm - \$7.50
Chippewa Falls
Micon Cinema*

June 19

2 - 5pm - FREE
Sand Creek
Community Art Ctr

Social hour with resources. Documentary & discussion to follow.

*No reservation required. Micon tickets sold at the door or online.



SHIRLEY DOANE
SENIOR CENTER

**Shirley Doane Senior Center's
Annual Fundraiser**

STRAWBERRY FEST
Wednesday, June 26
11:30am-12:30pm

At the Senior Center
1412 Sixth Street East, Menomonie
In the Leisure Services Center

Food just like Grandma used to make!

Menu Includes:

**BARBEQUE SANDWICHES, HOMEMADE POTATO SALAD,
CALICO BEANS AND...**

FRESH STRAWBERRIES & HOMEMADE SHORTCAKE

**Don't
miss out on all
the great food
& FUN!**

Tickets
\$10.00



This Meal Is Sponsored By
Dale & Cindy Quilling!
THANK YOU!!

All profits go towards the Senior Center Activities and Programs.
Questions please call 715-235-0954

Looking for a fun, new way to be more active?



NUTRITION WORKSHOP

A 10-week health promotion program that combines the game of bingo with inclusive exercises for everyone! Come play and meet new people while learning about nutrition!

COME JOIN THE FUN!

WHERE: Shirley Doane Senior Center

WHEN: Starts June 18
Every Tuesday & Thursday

TIME: 9:30 am

Please contact Casey Schnacky for
more information 715-231-2713



Summer 2024 ADRC

Aging & Disability Resource Center
of Dunn County

CAREGIVER EVENTS

June

- 3 10:00am Relatives Raising Children, Shirley Doane Senior Center
- 4 7am-3pm Academy for Lifelong Learners, UWEC W.R. Davies Center
77 Roosevelt Avenue, Eau Claire
- 5 9:30am Caregiver Coffee Hour, Dunn County Gov't Center Room 100
- 5 1:00pm Dementia Support Group, Colfax Grapevine Senior Center
- 5 2:00pm Wine, Women & Dementia, Rassbach Museum
- 6 12:30pm Walk & Talk with the ADRC, Shirley Doane Senior Center
- 10 10:30am Opening Minds Through Art, Shirley Doane Senior Center
- 12 11:30am Women Connected, Shirley Doane Senior Center
- 17 10:00am The Purple Perk, Shirley Doane Senior Center
- 18 9:00am Men's Caregiver Connection, United Methodist Church
- 20 2:30pm Caregiver Support Group, Dunn County Gov't Center Room 100
- 24 10:30am Exploring Dementia, Shirley Doane Senior Center

July

- 1 10:00am Relatives Raising Children, Shirley Doane Senior Center
- 3 9:30am Caregiver Coffee Hour, Dunn County Gov't Center Room 100
- 3 1:00pm Dementia Support Group, Colfax Grapevine Senior Center
- 8 10:30am Opening Minds Through Art, Shirley Doane Senior Center
- 10 11:30am Women Connected, Shirley Doane Senior Center
- 15 10:00am The Purple Perk, Shirley Doane Senior Center
- 16 Men's Caregiver Connection, United Methodist Church
- 18 2:30pm Caregiver Support Group, Dunn County Gov't Center Room 100
- 22 10:30am Exploring Dementia, Shirley Doane Senior Center

August

- 1 12:30pm Walk & Talk with the ADRC, Shirley Doane Senior Center
- 5 10:00am Relatives Raising Children, Shirley Doane Senior Center
- 7 9:30am Caregiver Coffee Hour, Dunn County Gov't Center Room 100
- 7 1:00pm Dementia Support Group, Colfax Grapevine Senior Center
- 12 10:30am Opening Minds Through Art, Shirley Doane Senior Center
- 14 11:30am Women Connected, Shirley Doane Senior Center
- 15 2:30pm Caregiver Support Group, Dunn County Gov't Center Room 100
- 19 10:00am The Purple Perk Shirley Doane Senior Center
- 20 Men's Caregiver Connection, United Methodist Church
- 26 10:30am Exploring Dementia, Shirley Doane Senior Center

Dunn County Aging and Disability Resource Center
3001 US Hwy 12 E. Suite 160, Menomonie WI 54751

Phone: 715-232-4006

Email: adrc@co.dunn.wi.us

**Look for the ADRC booth at the
Menomonie Farmers Market!**

**HURRY! LET YOUR SENIOR CENTER
TAKE YOU OUT TO A BALLGAME!**



ST. PAUL SAINTS vs TOLEDO MUD HENS

AT CHS FIELD

Wednesday, June 19, 2024

10:00 a.m. - 5:30 p.m.

*Senior Center Tour
\$85 per person
Call 235-0954 to reserve today!*

ITINERARY

- 10:00 a.m.** Depart Marketplace Foods
- 11:30 a.m.** Arrive CHS Field
- 11:30am-1:00 pm** On your own—\$20 in Saints Bucks are included for your convenience to enjoy lunch and beverages at any of the vendors.
- 1:07p.m.** **GAME TIME!!!!**
- 4:00 p.m.** Depart CHS Field (Approx. Time)
- 5:30 p.m.** Arrive back at Marketplace Foods (Approx. Time)

Description:

Join us for our annual trip to see the Saint Paul Saints play the Toledo Mud Hens. Heading into their 28th season and fifth at CHS Field, the Saints are known for its "Fun Is Good" motto! Just read the testimonial below from a guest on a previous trip. You can't miss spending a summer afternoon enjoying a ballgame in SHADY SEATS right behind home plate! Your trip includes \$20 in Saints Bucks to be used for any food or beverage at any of the many delicious vendors. The price is right for a ballgame outing in the summer.

CHS Field is a great ballfield and we promise to have a lot of fun!

"My first visit to a St. Paul Saints game and I was pleasantly surprised! Great seats, lots of food options, great venue and The City of Baseball Museum was interesting. Zany announcers and games. A lot more fun than your typical ballgame! I'll definitely go again!"

THERE ARE A FEW SPOTS LEFT!! SIGN UP TODAY!!

Shirley Doane Senior Center, 1412 6th Street E, Menomonie, WI 54751, 715-235-0954



SHIRLEY DOANE
SENIOR CENTER



**Chanhassen Dinner
Theatres Presents:**

Beautiful

The Carole King Musical

Wednesday, August 21st, 2024

Senior Center Tour
\$115 per person
Call 235-0954 to reserve

Itinerary

9:00 a.m. Bus Departs For The Theater from Marketplace Foods, Menomonie

10:30 a.m. Arrive Chanhassen Dinner Theaters, Chanhassen, Minnesota

11:00 a.m. Dinner Choices: Chicken Chanhassen, Orange Roughy, Vegetable Lasagna, Vegan Imposs-Loaf, Chicken Tenders, Cranberry Pear Salad, Cajun Pasta Primavera, Grilled Cheeseburger

1:00 p.m. Curtain Time: Beautiful

3:45 p.m. Depart From Chanhassen Dinner Theater (approximate time)

6:00 p.m. Return to Marketplace Foods (latest approximate time)

ABOUT BEAUTIFUL:

The soundtrack of a generation inspired this **BROADWAY SMASH HIT!** For nearly six years, *Beautiful: The Carole King Musical* thrilled Broadway audiences with the inspiring true story of Carole King’s remarkable journey from teenage songwriter to Rock & Roll Hall of Fame music legend. As a woman in the music industry, King broke barriers and became one of the most prolific songwriters of our time!

Carole King wrote hits for the biggest music acts from The Shirelles to The Righteous Brothers – then recorded her Grammy-winning masterpiece, *TAPESTRY*. The musical takes you on a joy-filled, emotional ride of a lifetime! Featuring over two dozen hits including “One Fine Day,” “The Locomotion,” “So Far Away,” “Natural Woman,” “You’ve Lost That Lovin’ Feelin,’” and “Will You Love Me Tomorrow,” this Tony and Grammy Award-winning musical is filled with the songs you remember and a story you’ll never forget. A huge cast of singers and dancers bring more than 24 of her greatest hits to life in a triumphant celebration!

Chanhassen Dinner Theater is known for its delicious food and wonderful performances. Ticket price includes dinner, tickets, transportation and all taxes and gratuities except voluntary driver gratuity.

FINAL PAYMENT DUE JULY 15, 2024

Menomonie Senior Center, 1412 6th Street E, Menomonie, WI 54751 715-235-0954

All Menu’s and exact times are subject to change

SHIRLEY DOANE
SENIOR CENTER



**Chanhassen Dinner
Theatres Presents:**

**Senior Center Tour
\$120 per person
Call 235-0954 to reserve
Good seats still
available!**

Irving Berlin's WHITE CHRISTMAS

Wednesday, November 13, 2024

Itinerary:

**9:00 a.m. Bus Departs For the Chanhassen Dinner Theater
from Marketplace Foods in Menomonie**

10:30 a.m. Arrive Chanhassen Dinner Theaters, Chanhassen, Minnesota

**11:00 a.m. Dinner Choices: Chicken Chanhassen, Grilled Top Sirloin,
Vegetable Lasagna, Cajun Pasta Primavera, Vegan Imossi-Loaf, Orange
Roughy, Boneless Fried Chicken Tenders, Cranberry Pear Salad,
Cheeseburger**

1:00 p.m. Curtain Time: White Christmas

3:45 p.m. Depart From Chanhassen Dinner Theater (approximate time)

6:00 p.m. Return to Marketplace Foods (latest approximate time)

Veterans Bob Wallace and Phil Davis have a successful song-and-dance act after World War II. With romance in mind, the two follow a duo of beautiful singing sisters en route to their Christmas show at a Vermont lodge, which just happens to be owned by Bob and Phil's former army commander. With a dazzling score featuring well-known standards including "Blue Skies," "I Love A Piano," "How Deep Is the Ocean" and the perennial title song, White Christmas is an uplifting, wholesome musical that will delight audiences of all ages.

Chanhassen Dinner Theater is known for its delicious food and wonderful performances. Ticket price includes dinner, tickets, transportation and all taxes and gratuities except voluntary driver gratuity.

FINAL PAYMENT DUE October 10, 2024

Menomonie Senior Center, 1412 6th Street E, Menomonie, WI 54751 715-235-0954

All Menu's and exact times are subject to change

SHIRLEY DOANE
SENIOR CENTER

1412 Sixth Street • Menomonie • 715.235.0954

LET YOUR SENIOR CENTER
TAKE YOU OUT TO A BALLGAME!

TWINS vs BREWERS

AT TARGET FIELD
Sunday, July 21st, 2024

10:00 am-5:30 pm



ITINERARY:

- 10:00 a.m. Depart Marketplace Foods, Menomonie
- 11:30 a.m. Arrive Target Field
- 11:30—1:00 p.m. On your own to have lunch, buy snacks or just go to your seat and relax and enjoy the view!
- 1:10 p.m. GAME TIME!!!!
- 2:30 p.m. Seventh Inning ***STRETCH*** (Approximate Time)
- 4:00 p.m. Depart Target Field (Approx. Time)
- 5:30 p.m. Arrive back at Marketplace Foods, in Menomonie (Approx. Time)

Description: Join us for a “Summer Fun-Day on a Sunday!” What better way to enjoy the warmer weather than to take in a major league Ball Game! Whether you are a Twins or a Brewers Fan this promises to be a delightful day at Target Field. *Our excellent seats are in the SHADE for this game.*

Day tour price includes your ticket to the game and transportation only. Food, beverages and snacks at the ballpark are **NOT** included. *There are many delicious food choices to be had at Concession areas located close to your seats!*

Elevators available and minimal stairs at our seat locations but plan to do some walking. Hope you will join us on this FUN-DAY!

Final payment due: June 15, 2024

Snacks on the bus are provided courtesy of:

American Lutheran Communities, Menomonie ~ Thank You!!

Shirley Doane Senior Center, 1412 6th Street E, Menomonie, WI 54751, 715-235-0954

Senior Center Tour
\$110 per person
Call 235-0954 to reserve today!

**June 2024 Elderly Nutrition Program ENP at Tantara Apt Mon-Fri
Senior Center In-House Meal June 26th**

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Roasted turkey breast, Boiled potato with turkey gravy, Seasoned brussels sprouts, Dinner roll, Grapes	4 Orange chicken, Steamed rice, Broccoli, Raisin sour cream bars, Tomato juice	5 Roast pork with gravy, Mashed potatoes with gravy, Seasoned peas, Wheat bread, Sweet cherries	6 Meat lasagna, Mixed green salad, Garlic bread, Cantaloupe	7 Crumb topped baked fish, Pan fried potatoes, Carrots with parsley, Wheat bread, Strawberry cheesecake
10 Traditional meat loaf, Baked potato with sour cream, Scalloped corn, Blueberries	11 Marinated chicken breast, Herbed red potatoes, Carrots with parsley, Wheat bread, 24 hour fruit salad	12 Shredded pork sandwich, Baked beans, Creamy coleslaw, Pineapple tidbits	13 Baked fish, Cheesy hash browns, Romaine and onion salad, Dinner roll, Apple slices	14 Hamburger gravy, Mashed potatoes, Stewed tomatoes, Cranberry orange muffins
17 Crumb topped baked fish, Buttered new potatoes, Spinach cranberry salad, Peanut butter cookies	18 Cornflake chicken, Roasted vegetable rice pilaf, Creamy cucumber salad, Tropical fruit	19 Roast beef, Mashed potatoes with brown gravy, Country blend vegetables, Dinner roll, Blueberry crisp	20 Barbecued spareribs, Baked beans, Spiral pasta salad, Fresh banana	21 Tuna salad sandwich on wheat, Lettuce leaf, Hearty vegetable soup, Peachy pudding
24 Italian meatballs with sauce, Rotini, Parslied cauliflower, Garlic bread, Mandarin oranges	25 Barbecue glazed chicken, Baked beans, Marinated cucumber salad, Wheat bread, Melon medley	25 SENIOR CENTER'S STRAWBERRY FEST BBQ Sandwich Homemade Potato Salad Calico Beans Fresh Strawberries & Homemade Shortcake	27 Breaded baked fish, Baked potato with sour cream, Carrots with parsley, Strawberry shortcake	28 Salisbury steak, Mashed potatoes with brown gravy, Whole kernel corn, Rhubarb crumble

